Patient Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Appointment Time:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Appointment Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

MOHS Surgeons ( ) Dr. Edward Glassberg ( ) Dr. Stephanie Kappel ( ) Dr. Michael Yablonsky

MOHS SURGERY

Pre-Operative:

1. **Avoid Aspirin, Ibuprofen** (Motrin, Advil, Bayer), or Aspirin containing products as (Ecotrin or Alka Seltzer). Avoid these products 10-14 days prior to surgery unless specifically required by your physician. If aspirin is medically necessary, discuss with your MOHS surgeon & internist about temporarily stopping before surgery.
2. If you take blood thinning agent such as **Coumadin (warfarin), Heparin or Plavix, please notify you MOHS surgeon and discuss with your internist** weather you can stop these medications 2-3 days prior to surgery.
3. **Stop any fish oil, Vitamin E, or Herbal Remedies** 10 days prior surgery (Can make you bleed more than normal).
4. **Reduce or avoid Alcohol** for 1-2 days prior to surgery.
5. If you have any known allergies to any antibiotics, local anesthetics or other medication, please notify you MOHS surgeon prior to surgery.
6. If you have **artificial heart valves, stents, artificial joints, history of endocarditic, pacemaker, defibrillator, history of mitral valve prolapsed, or if you routinely get antibiotics before dental work. Please notify surgeon or the surgeon nurse** 2-3 day before surgery. You may need to start antibiotics the morning of surgery.
7. **Please read the MOHS brochure** provided to you in the office at the time of the referral. Your MOHS surgeon will answer any question on the date of the surgery or prior to surgery.

Day of Surgery:

1. Make sure **to eat a good breakfast or lunch** prior to surgery. Consider bringing a snack.
2. You may bring a relative or friend for company, or **bring something to read** since you will be waiting in the room while we process the tissue (take about 30 min).
3. Due to unpredictable nature of the tumor and the repair that may be needed, the entire **procedure can last anywhere for 1 - 4 hours or more.**
4. In most cases, you will be able to drive yourself home unless the tumor is usually the tumor is really close to your eyes. If a dressing must cover the eye your vision may be impaired and you would need a driver. All procedures are done under a local anesthesia which would not impair your mental faculties.
5. Occasionally, if you are extremely anxious prior to the procedure, a small dose of valium or similar medication may use to clam anxiety, in this case, you must have someone pick you up after the procedure. Notify us ahead of time if you think you will need valium.

Post-Operative

1. Please follow any wound care and dressing instruction carefully (separated handout).
2. If you skin cancer is on the head or face, please try to sleep with elevation of 1-2 pillows for the 1st night.
3. Continue to avoid aspirins, alcohol or blood thinning products for 3-5 days after surgery.
4. Any oozing of blood post surgery can usually be controlled with 15-20 minutes of direct uninterrupted, firm pressure.
5. If any question of unexpected changes occur , or sign of infection or persistent bleeding , please call the office any

 (562)997-1144

3828 Schaufele Ave, Suite 300, Long Beach, CA 90808

www.lasercarespecialists