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**Treatment Instructions for Silk Peel**

*Disclaimer: You are not a candidate if you are pregnant, breast feeding or have open sores in the treatment area.*

Pre-Treatment Instructions:

* If you have a history of cold sores, please inform your provider prior to treatment. The doctor will need to write a prescription to pre-treat to eliminate the chances of you developing a cold sore post treatment.
* Reschedule your appointment at least 48 hours in advance if you have a severe rash, cold sore or blemish in the treatment area.
* Do NOT use the following products 3 days prior or 3 days after your treatment (or until pinkness has subsided): Retin-A, retinoids, or similar vitamin A compounds, harsh scrubs or exfoliating products and bleaching creams (unless instructed otherwise by your provider).
* Gentlemen: Shave the treatment area one day before your scheduled treatment (unless instructed otherwise by your provider).
* Avoid laser hair removal, electrolysis, waxing, threading, and use of depilatory creams for 5-7 days prior to peel.
* Do not apply any creams, lotions, perfume or makeup etc. on the area to be treated, prior to treatment.
* Discontinue Accutane 4-6 months prior to treatment.
* Avoid Botox at least 1 week prior and 1 week after treatment.
* Avoid dermal fillers at least 2 weeks prior and 2 weeks after treatment.

Post-Treatment Instructions:

* Avoid extreme temperatures of heat for 24 hours post treatment (ex. Jacuzzi, hot showers, saunas, etc.)
* Apply your Elta MD sunscreen every 2 hours to prevent post procedure side effects, if exposed to sun.

What To Expect:

* You may experience some redness and dry skin post-treatment. Do not pick, rub, or scratch any scabs or dry skin that may appear.